

**Physical and motor development:
Increases physical and motor
development**

When reading, responding to texts or performing, accompanying actions and gestures "children demonstrate ease of movement and, with maturity and experience, they are able to increasingly refine their movements".

Preschool Cycle Program p. 18

**Emotional development:
Builds self-awareness**

Talking about books and making selections about texts supports children in making "choices based on their tastes and interests". "This allows them to know themselves and express their thoughts and feelings".

Preschool Cycle Program p. 27

Constellations

supports the
competencies in the

**The Preschool Cycle
Program**

by providing a curated
database of high-quality texts

**Social development:
Maintains
harmonious
relationship with
others**

Reading and experiencing texts provides opportunities for children to show "openness to others", to participate "in group activities", to gradually comply "with rules of conduct", to create "connections with others", to regulate their "own behavior" and resolve "conflicts".

Preschool Cycle Program p. 32

**Language
development:
Communicates using
oral and written
language**

Children "show an interest in oral communication, reading and writing in a variety of contexts". They can express themselves to retell, explain, question and state their needs. They demonstrate an understanding in a variety of situations. They show an interest in books and make attempts to read and write." This development takes place during activities involving "play, problem-solving and memorization (e.g. songs, nursery rhymes)", "through contact with cultural works" and "through frequent exposure to children's literature".

Preschool Cycle Program p. 40

**Cognitive development:
Discovers the world around them**

Books provide children with rich and stimulating content that allows them to "acquire knowledge, develop new concepts, adapt to their environment, and develop their reasoning skills and creativity". The children show interest, curiosity and a desire to learn. They apply their knowledge and use their reasoning to ask questions, explain, make connections and attempt to understand the world around them.

Preschool Cycle Program p. 48